Course Number	Course Name	Credits

COUN 501 Counseling and Interviewing Skills

3

This course deals with the application of counseling theory to the practical interview situation. The counseling process and the core elements of a facilitative counseling relationship will be examined. Counselor candidates will begin to develop basic interviewing skills.

COUN 502 Counseling Theories

3

Selected theories and techniques of counseling are discussed and examined through a combination of lecture, discussion, and role-playing activities. Emphasis will be upon evaluating the various theories and abstracting parts of these theories into a comprehensive overview of the counseling process. Application to different types of clients is discussed.

COUN 503 Group Process and Practice

3

A basic understanding of group dynamics and behavior is provided. Processes and patterns of interaction are analyzed primarily from the standpoint of their broad educational significance. The selection, evaluation and use of group counseling methods and materials are discussed. Methods of developing and organizing group programs are also presented. Students also participate in a group experience.

COUN 504 Appraisal Techniques

3

Emphasis will be placed upon the development of competency in the evaluation, use, and interpretation of tests and inventories used in assessing abilities, achievement, interests and personality. The relationship of informal data to the analysis of individual behavior will be included. Selected instruments will be examined in terms of their design and appropriate utilization.

COUN 505 Research Methods

3

An introduction to research issues and methodology in the field of counseling. Emphasis is placed on gaining the knowledge necessary to evaluate the conclusions of published research.

COUN 506 Social and Cultural Issues

3

Focuses on current social and cultural issues which shape human behavior and affect the practice of counseling. Emphasis is placed on multicultural counseling and issues such as aging, sexuality, AIDS and poverty are addressed.

COUN 507 Career & Lifestyle Development

3

Psychological and sociological aspects of vocational choice and vocational adjustment will be presented and major theories of career choice and development will be reviewed. Emphasis will be placed upon methods and resources for facilitating career development throughout the life span. Career education, computerized information systems, and decision-making methods will be considered along with innovative approaches for special needs populations.

COUN 508

Lifespan Development

3

This course provides an understanding of developmental psychology, including theoretical approaches and issues relating to physical, cognitive, personality, and moral development with particular emphasis on implication for counselors. Both psychological and sociological impacts on development will be overviewed.

COUN 500 Professional Issues: Clinical Mental Health Counseling 3

This course is designed to orient students to the history, philosophy, trends, ethics, logistics and structure of the counseling profession and the clinical mental health counseling specialization. Students will gain an understanding of relevant professional issues and begin to develop their own professional identity.

COUN 540 Family Counseling and Therapy 3

The systems and communication theories of family therapy will be presented with specific attention to the structural and strategic family therapy approaches. A variety of family therapy techniques and stages will be learned through the use of role play and videotaping. The utilization of family therapy in a variety of settings will be discussed.

COUN 560 Addictive Behaviors 3

The problem of drugs and alcohol dependency are examined. Treatment approaches and facilities are illustrated and discussed with guest lecturers and seminars. A field trip to a local treatment facility is required.

COUN 563 Crisis Intervention 3

This course is designed to acquaint the student with the theory and practice of crisis intervention as it is applied to common crisis situations such as suicide, battering, violent behavior, post-traumatic stress disorder, substance abuse, sexual assault, and personal loss. Didactic instruction will be supplemented by role play experiences, guest lectures by crisis intervention specialists, and use of audiovisual materials.

COUN 549 Assessment and Diagnosis 3

This course is designed to familiarize students with the assessment and diagnosis of clients' emotional, cognitive, and behavioral symptoms. Course content will cover the process, tools, nomenclature, and criteria of diagnosis. Relevant ethical, legal, and cultural considerations will be explored, as well.

COUN 577 Evidence-Based Practice 3

Intended to build upon the content of COUN: 565: Assessment and Diagnosis, this course focuses on evidence-based practice including treatment planning, counseling procedures, and evaluation of counseling outcomes. Students will acquire the knowledge and skills necessary to provide effective and culturally appropriate counseling services.

COUN 578

Organizational Systems in CMHC

3

This course is designed to build upon the content of COUN 500 and complement the Internship experience. Students will gain an understanding of the organizational and systemic aspects of Clinical Mental Health Counseling including service delivery, roles of counselors, relevant policy, program development and evaluation, advocacy, management, and clinical supervision.

COUN 590 Practicum: Clinical Mental Health Counseling 3

(Prerequisites: COUN 500, 501, 502, 504, plus a minimum of 24 completed graduate credit hours; all required clearances; and program director approval. Attendance is required at the pre-practicum planning meeting that occurs prior to registration in the semester before you plan to take practicum.) Focuses on necessary and desirable counseling skills, development of counseling relationships, and case conceptualization. Practical application of counseling theories and techniques, psychological testing and vocational development theory is emphasized. The practicum consists of 100 clock hours and includes direct service work, individual supervision and group supervision.

COUN 595 Internship: Clinical Mental Health Counseling 3

(Prerequisites: COUN 590) Internship requires 600 hours of supervised clinical experience in a setting consistent with students' program and career goals. Interns are expected to perform activities typical of full-time clinical mental health counselors. Students requiring more than one semester to complete internship must register for three credits of internship per semester.

COUN *** Elective 3

Elective courses may be selected from other graduate counseling courses in the Department of Counseling and Human Services.

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